École Meridian Heights School

February 2022





Kindergarten Open House!

VIRTUAL FRENCH IMMERSION OPEN HOUSE: FEB. 15, 6-7PM

VIRTUAL ENGLISH OPEN HOUSE: FEB. 16, 6-7PM Kindergarteners must be 5 years old by December 31, 2022.

Visit the school's website for more information, including a link to join the online Open House.

REGISTRATION FOR ALL STUDENTS (K-9) 'NEW' & 'RETURNING STUDENTS') MUST BE COMPLETED **FEB. 14-MAR. 18, 2022!**

FRIDAY, JUNE 24, 2022 - BUS PASS DEADLINE TO MAKE PAYMENT ARRANGEMENTS OR PAY-IN-FULL.

Feb. 8th - Board of Trustees Regular Meeting 9am

Feb. 9th—Nature Kindergarten Virtual Open House

Feb. 10th-Staff Planning & Development Day-no students attend

Feb. 11th-Staff Planning & Development Day-no students attend

Feb. 14th-Valentines Day

Feb. 18th-Staff Planning & Development Day-no students attend

Feb. 21st—Family Day—no school

Feb. 23rd-Pink Shirt Day



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SPECIAL POINTS OF

Please open hyperlink to access our Public Calendar of events:

https:// meridianheights.psd.ca/ about/calendar

If you are not yet on the parent portal and or if there are any demographic changes to your profile please also ensure that you edit your information. Your parent portal will also tell you if you have any FEES.





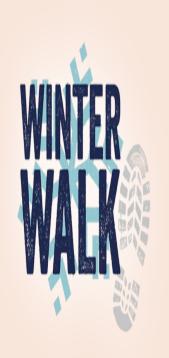
Grade 5 Grade 6 Grade 7 Grade 8 Grade 9 Student Resources Parent Resources



Please remember to check out this website found at the following shortened link (case sensitive) - bit.ly/2D91aa1 Once there, you will find links to all of the grades 5-9 Health & Life Skills lessons and assignments that students will engage in throughout the school year. In addition, parents/guardians are strongly encouraged to check out the **Parent Resources** and **Student Resources** sections of the website where you can access a lot of different useful information and tools to help support your child's and family's overall mental and emotional health.

If you ever have any questions regarding the resources listed, please always feel free to contact ÉMHS' School Counsellor Mr. Kinney at travis.kinney@psd.ca or by phone at 780-963-2289.

Please see: Family Supports Newsletter



Winter Walk Day 2022 is on February 3rd, 2022. Students all across Alberta will participate in this activity. Here at EMHS, we will be logging our time spent during our Winter Walk and we will adding our time to the Alberta-wide total! If your family would like to join the winter walk, please register your family at https://shapeab.com/winter-walk-day/ Once registered, you can log your minutes or hours spent walking outside to contribute to the Alberta-wide total. Get out, enjoy and happy walking!





Excellence is not a singular act, but a habit. You are what you repeatedly do.

Basketball Schedule

Feb. 3rd-5th-Basketball Junior Tournament at JPII

Feb. 7th-Jr Girls & Sr Girls 3:15-5:00/Jr. Boys & Sr Boys 5:00-6:30pm

Feb. 8th-Shooting practice 7:45am/Dev. Practice 12:45-1:30/Sr. Boys game vs SPC/Sr. Girls game @ St. Matthew

Feb. 9th-Jr Girls 3:15-5:00pm/Dev. Practice 5:00-6:30pm/Jr Boys game @ Broxton Park

Feb. 14th-Jr Girls & Sr Girls 3:15-5:00/Jr. Boys & Sr Boys 5:00-6:30pm

Feb. 15th-Shooting practice 7:45am/Dev. Practice 12:45-1:30/Sr. Girls game @ St. John Paul II/Sr. Boys game @ STA

Feb. 16th-Dev. Game @ Meridian/Jr Girls game @ Copperhaven/Jr Boys game @ Copperhaven

Fe. 17th-Jr. Boys & Sr Boys 3:15-5:00pm/Jr Girls & Sr Girls 5:00-6:30pm

Feb. 22nd-Shooting practice 7:45am/Dev. Practice 12:45-1:30/Sr. Girls game vs. Blueberry/Sr. Boys game @ Prescott

Feb. 23rd-Jr Girls game @ Greystone/Jr Boys game @ Greystone

Feb. 24th-Basketball—Senior Girls host Muir Lake 3:30pm

Basketball—Senior Boys host Broxton Park 4:45pm

Feb. 25th-Basketball Tournament—Prescott Junior BB

Developmental Boys Basketball Practice 3:15pm-4:30pm

Feb. 26th-Basketball Tournament—Prescott Junior BB

Feb. 28th-Jr Girls & Sr Girls 3:15-5:00/Jr. Boys & Sr Boys 5:00-6:30pm

La Francofête de

Meridian

March 14-18,

Thank you to

CPF Parkland

Chapter as one of the

supporters of

Francofête 2022





Stav at Home Guide

Thank you for checking the above link to ensure you are within health guidelines to be among your school community.

Please note the upcoming PD Days/ no school on February 10 & 11.



Register today for the Next Virtual session beginning February 7, 2022. Must be a member! ONLY \$40 per child! Best suited for ages 5-14

FRENCH FOR PARENTS!

Virtual Beginner French classes for Parents! Space available Wednesday afternoons. Free to members! Starts February 8 - March 16



Join us for some fun in the mountains! This family-friendly event includes a parent session, programming in French for kids, Monitor-intraining leadership course, bi-lingual entertainment and many family activities throughout. (subsidized costs for members)

To be held March 4, 5 and 6th, 2022 in Jasper, Alberta!

https://ab.cpf.ca/en/



Chocolate Bar BINGO (Loto au chocolat)
Wednesday, Feb 23 · 6:30–7:30 PM
Google Meet joining info
Video call link: https://
meet.google.com/dff-ipvg-pxp

CPF PARKLAND CHAPTER EVENT!!

This is a virtual family event for everyone who has a child enrolled in French programming. Print your own Bingo sheets at home and play online with us to win chocolate! All winners will have their prize delivered to their school by February 28. The numbers will be called out in French! Join with the link provided under the chocolate photo.

https://printablecreative.com/bingo-maker/card/numbers-1-75

Please contact CPF Parkland President, Marie Marsh with any questions at cpfparkland@gmail.com or find us on Facebook for more info and events.

VIVE LA FRANCOPHONIE



1. Visionner un film préféré de la famille en français avec les sous-titres en Anglais.

Watch a family favorite movie in French with the English subtitles.

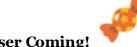
Prendre une photo et nous marquer sur Facebook Take a picture and tag us on Facebook Ecole Meridian Heights School



Our Hot Lunch program continues! We are happy to offer a variety of restaurant-provided lunches on Wednesday and Fridays. If you haven't signed –up for hot lunch yet the website is https://mhsaa.hotlunches.net. There you can place food orders, make payments, and sign-up to volunteer.



New Fundraiser Coming!



SPEAKING OF VOLUNTEERS......we need some more hot lunch helpers! If you are able to, we are looking for volunteers Wednesdays and Fridays from about 11:30-1:30. We need two volunteers for each of those days to help

disperse the hot lunch orders. You can sign up on the hot lunch website or send us an email to inquire further. This can be a great way to get involved in the school—even for grandparents, aunts & uncles, or other family members!

Upcoming Fundraisers this year include: Kick Ass Caramels, and Growing Smiles Plants.

Our **AGM** is also coming up this spring and some of our executive is looking to step down. If you're interested in taking over a position on the executive, we would love to have you! As always, please contact us via email or on Facebook and look for the meeting date soon!

Contact us by email at **mhsaaparents@gmail.com** and 'like' our Facebook page.



If the whole world was blind how many people would you impress?

